#### SPECIMEN SUBMISSION GUIDELINES

HIV Diagnostics and Reference Laboratory, Diagnostics and Countermeasures Branch Center for Infectious Disease Research Walter Reed Army Institute of Research 508 Research Dr., Silver Spring, MD, 20910

# **Verification Specimen Kit Instructions**

You are receiving this package because a patient at your site had a first-time positive test result for HIV. This shipment contains everything you need to draw the blood for an HIV verification test and to ship to the Specimen Processing Laboratory/BioRepository (SPL/BioR) within the Diagnostics and Countermeasures Branch (DCB).

# PLEASE FOLLOW ALL INSTRUCTIONS CAREFULLY

Blood should ONLY be drawn MONDAY THROUGH THURSDAY. DO NOT schedule any draws or send kits out Friday, Saturday, or Sunday.

Use kit BEFORE (mm/dd/yyyy)\_\_\_\_\_\_DO NOT use expired tubes.

Samples should be processed and shipped on the same day as the blood draw.

## 1. This Kit Includes:

- a. Two (2) CPT Tubes (blue and black tops)
- b. Four (4) PPT Tubes (white top) for a minimum of 4 mL of plasma
- c. Three (3) Cold Packs
- d. One (1) absorbent sheet STP-711
- e. One (1) kPa Bag
- f. One (1) foam block
- g. One (1) UN3373 Biological Substance label
- h. Return FedEx air bill
- i. Test Request Form
- j. Packing Instructions
- k. Example of a completed Test Request Form

### 2. Procedure:

- a. Label tubes with Patient NAME, SSN, DOB. Un-labeled or mislabeled tubes won't be processed.
- b. Complete Test Request Form. ALL fields need to be completed.
- c. Draw tubes to maximum fill point. Invert 8-10 times to mix.
- d. Tube Processing:

	Centrifugation	Shipment
CPT	Spin tubes within 2 hours of collection.	Tubes must be immediately shipped in cold box with
	Centrifuge in swing-out rotor centrifuge at	ice packs and received at the SPL/BioR within 24
	1500-1800 RCF for a minimum of 20 min.	hours.
PPT	Spin tubes within 4 hours of collection.	PLEASE EMAIL FEDEX TRACKING
	Centrifuge in swing-out rotor centrifuge at	NUMBER TO splab@hivresearch.org and Anais
	1100 RCF for a minimum of 10 min.	Valencia-Ruiz (Laboratory Director) avalencia-
		ruiz@hivresearch.org

- e. Prep original shipment box by following the included Packing Instructions.
- f. Fill in the fields of the Packing Instruction form.
- g. Affix the UN3373 Biological Substance Label to the outside of the box.
- h. Affix the supplied Return FedEx airbill to the box and schedule a pick-up with FedEx.

For questions about the blood draw or shipment information, please contact the laboratory at (301) 251-3032.

Form # KIT INS Version July 2025